

Insights to a Joyful Life:

It's a Joyful Life!



Question: “Why do some Christians struggle with joy?”

Lessons of joy from our kids...A Dee-Dah Day from John Ortberg

Key Verse: Psalm 118: 24

*“This is the day the LORD has made;
let us rejoice and be glad in it.”*

As Christians, we have every reason to be **filled with joy!**

It's founded in our relationship with Jesus Christ.

“Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy, for you are receiving the goal of your faith, the salvation of your souls. “ 1 Peter 1:8,9

“Joy is the serious business of heaven” C.S. Lewis

So, let's get serious about being hilarious!

1. We have reason to be joyful because of who _____ !
- Our Joyful God (vs.1-4)

“Joy is God’s basic character. Joy is His eternal destiny. God is the happiest being in the universe. And God’s intent was that His creation would mirror His joy.”
John Ortberg, *“The Life you’ve always Wanted”*

2. We can lose our joy because of the _____ of _____.
- Beware of the “Joy Stealers” (vs. 5-9)
“What has happened to all your joy?...Have I now become your enemy by telling you the truth?” Galatians 4:15, 16

3. We can lose our joy because of _____ .
- We lose sight of God (vs.10-17)

*“Rejoice in the Lord always. I will say it again: Rejoice! ...
The Lord is near. Do not be anxious about anything...”
Philippians 4:4,6 (emphasis mine)*

4. We can lose our joy because of _____ .
- We have broken fellowship with God - Psalm 51 (vs. 18)

“Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.” Psalm 51:12

5. Lasting joy comes from a consistent, right relationship with _____ !
- Our joy is restored and replenished in Christ (vs. 19-24)

“As the Father has loved me, so have I loved you. Now remain in my love. If you obey my commands, you will remain in my love, just as I have obeyed my Father’s commands and remain in his love. I have told you this so that **my joy may be in you and that your joy may be complete.**”
John 15:9-11 (emphasis mine)